



Government of Western Australia
North Metropolitan Health Service
Mental Health, Public Health and Dental Services



WA Eating Disorders Outreach & Consultation Service (WAEDOCS) Education Calendar 2021





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Effects of COVID-19

The COVID- 19 pandemic has clearly had a significant impact on health education and our service has seen the effects of this during 2020. In response to this crisis our calendar has been adapted to deliver new concepts of provision that includes reduced class participant numbers and offering all workshops in a combined mode of delivery that addresses the health risks and the necessary requirements to mitigate the toll of the pandemic.

The following program contains our 2021 workshops. In addition, we can also provide education for Medical and Psychiatric disciplines through evening events or grand rounds on request. Whilst we have a small service FTE, please be advised that if any discipline would like to host your own Eating Disorder education for >20 people per event, WAEDOCS is also able to provide a limited number of service specific educations workshops per year. If you would like to consider this option please contact us via email at WAEDOCS@health.wa.gov.au

Programs

Program	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<u>Eating Disorders- Essentials for Psychologists</u>		11										
<u>2 Day Enhanced Cognitive Behavioural Therapy for Eating Disorders (CBT-E)</u>					10 & 11							
<u>Eating Disorders – Essentials workshop for Nurses on the management of Eating Disorders in Adults (face to face & via Telehealth)</u>			23					30				
<u>Eating Disorders – Essentials workshop for Mental Health Nurses (Face to face & via Telehealth)</u>				20					6			
<u>Eating Disorders- Essentials for Dietitians Introduction (Face to Face & Telehealth)</u>					24				21			
<u>Eating Disorders Masterclass for Medical & Mental Health Nurses (Face to Face & Telehealth)</u>											16	
<u>Eating Disorders- Master Class for Dietitians (Advanced)</u>										26		

Further information on the study days can be found below

Eating Disorders -Essentials for Psychologists

Workshop for Psychologists on Management of Eating Disorders in Youth and Adults

Presented by the Western Australia Eating Disorders Outreach and Consultation Service (WAEDOCS)

Date & Time: Thursday February 11, 2020 09:00- 4:30

Location: 2nd Floor D Block, Sir Charles Gairdner Hospital

Cost: \$160 (\$145.50 + GST) Free to NMHS and NMHS MH Staff

Please note places for the workshop are strictly limited

This collaborative workshop will include information on:

- The various types of eating disorders
- Principles of care
- Risk assessment and inpatient admission criteria
- Medical, nursing and dietetic care - inpatient and outpatient
- Working towards normalising eating in all settings of care
- Psychological interventions in all settings of care

This workshop is for psychologists across all care settings who would like to learn more about eating disorders and those psychologists who already treat individuals with an eating disorder and who would like to consolidate their learning. **This program is relevant to the treatment of those aged ≥ 16 years.** It includes activities, group work and case studies, a presentation from someone with a lived experience of an Eating Disorder and input from a multi-disciplinary team specialising in Eating Disorder care and treatment.



This workshop addresses NSQHS Standards 1, 2,6,8,9 and 10

Registrations Close: Monday 1st February at 4pm

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. For further enquiries, please contact 1300 620 208 or email WAEDOCS@health.wa.gov.au

WAEDOCS - Eating Disorders Workshop

Date: Thursday February 11, 2020

Facilitator: Anthea Fursland

Team Speakers: Melissa Edwin, Jan Fountaine

Preliminary Program Outline (subject to change)

Time	Title	Speaker
8.30 - 9	Housekeeping and Registration	Anthea Fursland
9 – 9.15	Introduction to WAEDOCS Aims and Objectives of the day	Anthea Fursland
9.15 - 10.30	Overview of EDs & principles of psychological care Psychological assessment, including psychiatric risk	Anthea Fursland
10.30 - 10.45	MORNING TEA	
10.45 - 11.15	Medical and MDT management in inpatient and community settings	Jan Fountaine
11.15 - 11.45	Neurobiology of starvation. Reversing physical and psychological effects of starvation. Refeeding syndrome.	Melissa Edwin
11.45-12.15	Normalising eating	Anthea Fursland
12.15 - 12.45	LUNCH	
12.45 - 14.15	Psychological treatment –stance; therapeutic alliance Recovery	Anthea Fursland
14.15 - 14.30	AFTERNOON TEA	
14.30 - 16.00	Facilitating weight regain; reducing binge eating Evidence-based psychological treatments Discharge and relapse prevention	Anthea Fursland
16.00 - 16.30	Question time / Discussion / Evaluation	Anthea Fursland



This workshop addresses NSQHS Standards 1, 2,6,8,9 and 10

Eating Disorders - Essentials

1 Day Workshop for Nurses on Management of Eating Disorders in Adults 2021

Date & Time – Tuesday 23rd March or Monday 30th August 2021 07:45am – 4:00pm

Location- WAEDOCS, Second Floor, D Block, Sir Charles Gairdner Hospital, Nedlands

Attendance options- 1. Face to face 2. Telehealth

Cost: Face to face = \$90.00 inc.GST (or free to NMHS Staff)

Telehealth = \$50.00 **inc.GST** (or free to NMHS Staff)

PLEASE NOTE, DUE TO COVID-19, FACE TO FACE WORKSHOPS WILL BE LIMITED TO A MAXIMUM OF 20 PARTICIPANTS

This collaborative workshop is designed for nurses who would like to learn more about Eating Disorders or those nurses in an area of higher responsibility who would like to consolidate their learning. It will include information on:

- The neurobiology of Eating Disorders
- The importance of effective communication and meal support therapy.
- Best practice medical and nursing management.
- Medicolegal aspects of care
- Starvation syndrome & refeeding
- Recovery from an Eating Disorder- the lived experience

This workshop is for nurses who would like to learn more about Eating Disorders or those nurses in an area of higher responsibility who would like to consolidate their learning.



This workshop addresses NSQHS Standards 1,2,5,6 and 8

Registrations Close: Tuesday 9th March for **23rd March**, Monday 16th August for **30th August**

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. For further enquiries, please contact 1300 620 208 or email WAEDOCS@health.wa.gov.au

WAEDOCS Eating Disorders– Essentials for Nurses 1 Day Workshop 2021

Dates: Tuesday 23rd March **OR** Monday 30th August 2021 07:45am – 4:00pm

Facilitators: Jan Fountaine, Mel Edwin, Fintan O’Looney

Program Outline (subject to change)

Time	Title	Speaker
07:45 – 08:00	Registration and housekeeping	Jan
08:00 – 08:10	Aims & Objectives of the day	Jan
08:10 – 08:20	Introduction to WAEDOCS	Jan
08.20- 09.00	Neurobiology and comorbidities	Jan
09.00 –10.15	Risk assessment, inpatient and community management (case study)	Jan
10:15– 10 :30	Morning Tea	
10.30-11.30	Starvation syndrome & refeeding	Mel
11.30-12.30	Complexity of managing an Eating Disorder with co-occurring personality disorders	Fintan
12:30– 13.00	Lunch	
13:00 – 14:00	Therapeutic communication and meal support	Fintan
14:15- 14:45	Recovery from an Eating Disorder	Kathy Logie (Video)
14.45-15.00	Afternoon Tea	
15.00. 15.45	Preventing staff burnout (current state of play in WA)	
15:45: 16:00	Evaluation of study day aims/ objectives	Team



This workshop addresses NSQHS Standards 1, 2,6,8,9 and 10

Eating Disorders - Essentials

1 Day Workshop for Mental Health Nurses on Management of Eating Disorders in Adults 2021

Presented by the Western Australia Eating Disorders Outreach and Consultation Service (WAEDOCS)

Date & Time – Tuesday 20th April **OR** Monday 6th September 2021 **07:45am** – 4:00pm

Location- WAEDOCS, Second Floor, D Block, Sir Charles Gairdner Hospital, Nedlands

Attendance options- 1. Face to face 2. Telehealth

Cost: Face to face = \$90.00 inc.GST (or free to NMHS Staff)
Telehealth = \$50.00 **inc.GST** (or free to NMHS Staff)

PLEASE NOTE, DUE TO COVID-19, FACE TO FACE WORKSHOPS WILL BE LIMITED TO A MAXIMUM OF 20 PARTICIPANTS

This collaborative workshop will include information on:

- Overview of Eating Disorders
- Biological-psychological axis of ED's
- Role of MH nurse in nutrition, meal support & supervision
- ED and co-occurring mental health issues
- Inpatient & Community MH management of ED's
- Use of MHA/CTO's
- Therapeutic burnout/self-care
- Lived experience.

This workshop is for nurses wishing to learn more about Eating Disorders or those nurses in an area of higher responsibility who would like to consolidate their learning.



This workshop addresses NSQHS Standards 1,2,5,6 and 8

Registrations Close: Tuesday 6th April for **20th April** and Monday 23rd August for **6th September**

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. For further enquiries, please contact 1300 620 208 or email WAEDOCS@health.wa.gov.au

WAEDOCs Eating Disorders–

Essentials for Mental Health Nurses 1 Day Workshop 2021

Date: Tuesday 20th April **OR** Monday 6th September 2021

Presenters: Fintan O’Looney, Jan Fountaine, Mel Edwin

Program Outline (subject to change)

Time	Title	Speaker
07:45 – 08:00	Registration and housekeeping	Fintan
08:00 – 08:10	Aims & Objectives of the day	Fintan
08:10 – 08:20	Ice breaker	Fintan
08:20 – 08.35	Overview of Eating Disorders	Fintan
0835– 09:15	Biological-Psychological axis of ED	Jan
09:15-10:00	Importance of nutrition /portion sizing	Mel
10:00– 10 :20	Morning Tea	
10.20- 11.00	Use of MHA/CTO’s	Fintan
11.00- 11.45	ED’s and co-occurring mental health issues	Fintan
11:45- 12:30	Meal support/supervision	Fintan
12:30– 13.00	Lunch	
13:00 – 14:00	Inpatient MHU/Community management of ED	Fintan
14:00- 14:15	Afternoon Tea	
14:15 – 15:00	Self- care/Burnout	Jan
15:00 – 15:45	Lived Experience	Video
15:45: 16:00	Evaluation of study day aims/ objectives	Fintan



This workshop addresses NSQHS Standards 1,2,5,6 and 8

Enhanced Cognitive Behaviour Therapy for Eating Disorders (CBT-E)

Workshop for Psychologists & other Mental Health Practitioners (2021)

With recent changes in the Medicare Benefits Scheme (MBS) regarding increased provision of treatment for people with eating disorders, this workshop is aimed at mental health professionals planning to provide eating disorders treatment for Youth (≥16 years) & Adults.

Enhanced Cognitive Behaviour Therapy (CBT-E) was developed in the UK by Christopher Fairburn. From his transdiagnostic theory, which states that all eating disorders share similar core psychopathology, Fairburn enhanced his original treatment & made it transdiagnostic, applicable to all eating disorders & adolescents as well as adults. Research suggests it is effective for all eating disorders.

This collaborative workshop will include information on:

- An overview of the issues relevant to treating people with eating disorders
- Theoretical background and research base of CBT-E
- A comprehensive introduction to Enhanced Cognitive Behaviour Therapy (CBT-E)
- An understanding of how the transdiagnostic approach of CBT-E can be used with the full range of eating disorders seen in clinical practice
- Demonstrations of behavioural & cognitive interventions used in CBT-E
- Opportunities to practice skills

The training will involve didactic, interactive and experiential practise opportunities. Prior knowledge of understanding eating disorders and basic CBT principles is assumed. (NOTE: Essentials for Psychologists training is being offered by WAEDOCS on February 11, 2020)

Date & Time: Monday & Tuesday May 10 & 11, 2021 9.00-4.30

Location: WAEDOCS, Level 2, D Block, Sir Charles Gairdner Hospital, Nedlands

Cost: \$286 (\$260.00 + GST) or free to NMHS Staff

Presenter: Anthea Fursland PhD, FAED

Dr Anthea Fursland is a Clinical Psychologist who has worked in the eating disorders field for 40 years, previously in the UK and the US. She is the past Director of both WAEDOCS and the Centre for Clinical Interventions (CCI). She and Dr Sue Byrne introduced CBT-E to Australia in 2005, and since then, Dr Fursland has provided training and ongoing consultation to clinicians in WA, QLD, NSW, VIC, TAS and SA. She has co-authored several peer-reviewed papers and created a web-based self-help resource: <https://www.cci.health.wa.gov.au/Resources/Looking-After-Yourself/Disordered-Eating>

This training will be particularly useful for private practice clinicians in light of the new dedicated Medicare Benefits Scheme item numbers for eating disorder treatment.

Please note places for the workshop are strictly limited

Registrations Close: Monday April 26 at 4pm

Please fill in the registration and return it to us for processing at WAEDOCS@health.wa.gov.au. Once your completed form has been received we will confirm your place via email. Should you have any enquiries, please contact us on 1300 620 208 or email us at WAEDOCS@health.wa.gov.au

WAEDOCS – CBT-E Eating Disorders Workshop May 10 & 11, 2021

Preliminary Program Outline (subject to change)

Time	Day 1	Day 2
08:30 – 09:00	Registration and housekeeping	
09:00-10:30	Introductions	Progress Review (Stage 2)
	Psychoeducation	Addressing Overvaluation (Stage 3)
	Assessment	<ul style="list-style-type: none"> Identifying overvaluation & addressing marginalisation of other areas of life
	CBT-E overview	
10:30 – 10:45	Morning Tea	
10:45 – 12.15	CBT-E Stage 1 Interventions:	<ul style="list-style-type: none"> Checking/avoidance
	Case Formulation Self-monitoring	<ul style="list-style-type: none"> “Feeling fat”
12:15-1:15	Lunch	
1.15 – 2:45	Regular weighing	Addressing dietary rules
	Regular eating	Mindsets
	Binge management	Maintenance and Relapse Prevention (Stage 4)
2:45 – 3:00	Afternoon Tea	
3 – 4.30	Mood intolerance	Overview of Broad Form of CBT-E
	Working with low weight	Reflection Day 2, Q and A
	Reflection Day 1, Q & A	

This workshop follows the National Practice Standards criteria developed by the National Eating Disorders Collaboration (NEDC).



This workshop addresses NSQHS Standards 1, 2, 5, 6 and 8

Eating Disorders – Master Class

1 Day Workshop for Nurses on Management of Eating Disorders in Adults 2021

Presented by the Western Australia Eating Disorders Outreach and Consultation Service (WAEDOCS)

Date & Time –Tuesday 16th November 07:45am – 4:00pm

Location- WAEDOCS, Second Floor, D Block, Sir Charles Gairdner Hospital, Nedlands

Attendance options- 1. Face to face 2. Telehealth

Cost: Face to face = \$90.00 inc.GST (or free to NMHS Staff)

Telehealth = \$50.00 **inc.GST** (or free to NMHS Staff)

PLEASE NOTE, DUE TO COVID-19, FACE TO FACE WORKSHOPS WILL BE LIMITED TO A MAXIMUM OF 20 PARTICIPANTS

This collaborative workshop is designed for nurses who have previously attended either the WAEDOCS General or Mental Health Essentials 1 Day Workshop. The course is designed to provide you with advanced skills in recognising and assisting individuals with eating disorders and complex comorbidities.

Information will include:

- Significant medical complications associated with refeeding
- Psychoradiological implications of starvation on Gray matter alterations
- Effectiveness of innovations (CBT, DBS, EMDR)
- Challenges of managing emotional dysregulation
- Survival guide for clinicians



This workshop addresses NSQHS Standards 1,2,5,6 and 8

Registrations Close: Tuesday 2nd November 2021

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. For further enquiries, please contact 1300 620 208 or email WAEDOCS@health.wa.gov.au

Eating Disorders– Master Class

Date: Tuesday 16th November 2021 07:45am – 4:00pm

Facilitators: Jan Fountaine & Fintan O’Looney

Program Outline (subject to change)

Time	Title	Speaker
07:45 – 08:00	Registration and housekeeping	Jan
08:00 – 08:10	Aims & Objectives of the day	Jan
08:10 – 08:30	Introduction and ice breaker	Jan/Fintan
08.30- 10.15	Medical complications of refeeding –Case study addressing central diabetes insipidus, refeeding syndrome & bowel ischemia / necrosis	Jan
10:15– 10 :30	Morning Tea	
10.30-11.30	Psychoradiologically Implications of starvation on Gray matter alterations	Jan
11.30-12.30	Managing emotional dysregulation in the inpatient & community setting (case study)	Fintan
12:30– 13.00	Lunch	
13:00 – 14:00	Effectiveness of innovations (CBT, DBS, EMDR)	Fintan
14:00- 14:30	Survival guide for clinicians (case study)	Fintan
14.30-14.45	Afternoon Tea	
14.45. 15.30	Survival guide for clinicians(continued)	Fintan
15:30: 16:00	Evaluation of study day aims/ objectives	Jan /Fintan



This workshop addresses NSQHS Standards 1,2,5,6 and 8

Eating Disorders – Essentials for Dietitians

Workshop for Dietitians on Management of Eating Disorders in Youth (>16 years) and Adults (2021)

Presented by the Western Australia Eating Disorders Outreach and Consultation Service (WAEDOCS)

Date & Time: Monday 24th May 2021 or Tuesday 21st September 2021 08:00 – 17:00

Location: WAEDOCS, Level 2, D Block, Sir Charles Gairdner Hospital, Nedlands, WA

Cost: Face-to-face \$100.00 + GST (or free to NMHS staff)
Via Telehealth \$50.00 + GST (or free to NMHS staff)

PLEASE NOTE, DUE TO COVID-19, FACE TO FACE WORKSHOPS WILL BE LIMITED TO A MAXIMUM OF 20 PARTICIPANTS

This collaborative workshop will include information on:

- Introduction to eating disorders and dietetics risk assessment for eating disorders
- Understanding the neurobiology and effects of starvation of eating disorders
- Best practice medical and nursing management
- Communicating for a collaborative relationship
- Normalising eating for individuals living with an eating disorder
- Identifying evidenced based psychological treatment modalities for eating disorder management
- Improve understanding of navigating care for a person living with an eating disorder

This workshop is for dietitians across all care settings who would like to learn more about eating disorders or those dietitians who already manage individuals living with an eating disorder who would like to consolidate their skills. This program includes activities and group work and input from a multi-disciplinary team specialising in Eating Disorder care and treatment.

This training will be particularly useful for private practice dietitians in light of the new dedicated Medicare Benefits Scheme (MBS) item number for eating disorder treatment and Australia and New Zealand Academy of Eating Disorders (ANZAED) practice guidelines. Note: By completing this workshop and Eating Disorders – Masterclass for Dietitians (advanced practice), private practising dietitians will meet ANZAED dietetic practice standards and as per ANZAED recommendations to Medicare for dietitians accessing MBS.



This workshop addresses NSQHS Standards 1, 2, 5, 6 and 8

Registrations Close For May date: Monday 17th May 2021

Registrations Close For September date: Tuesday 14th September 2021

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. Should you have any enquiries, please contact us on 1300 620 208 or email us at WAEDOCS@health.wa.gov.au

WAEDOCS - Eating Disorders Workshop

Date: Monday 24th May 2021 or Tuesday 21st September 2021 08:00 – 17:00

Facilitators: Melissa Edwin, Jan Fountaine

Preliminary Program Outline (subject to change)

Time	Title	Speaker
08:00 – 08:15	Registration and housekeeping	Melissa Edwin
08:15 – 08:45	Aims & objectives of the day and Introductions	Melissa Edwin
08:45 – 10:15	Introduction to eating disorders including dietetics assessment and risk assessment	Melissa Edwin
10:15 – 10:30	Morning Tea	
10:30 – 11:30	Neurobiology of eating disorders	Jan Fountaine
11:30– 12:30	Medical and nursing management in an inpatient and community setting	Jan Fountaine
12:30 – 13:00	Lunch	
13:00 – 13:45	The lived experience / peer support	TBA
13:45 – 15:00	Reversing the physical and psychological effects of starvation / Normalising Eating	Melissa Edwin
15:00 – 15:15	Afternoon Tea	
15:15 – 16:15	Communication for a collaborative relationship	Melissa Edwin
16:15 – 16:45	Treatment modalities and navigation	Melissa Edwin
16:45 – 17:00	Question time / Evaluation of study day aims & objectives	Melissa Edwin

This workshop meets the National Practice Standards criteria developed by the National Eating Disorders Collaboration (NEDC) and is supported by the Australia and New Zealand Academy for Eating Disorders (ANZAED).



This workshop addresses NSQHS Standards 1, 2, 5, 6 and 8

Eating Disorders – Masterclass for Dietitians

Advanced Dietetic Practice Workshop on the Management of Eating Disorders for Youth (>16 years) and Adults.

Presented by the Western Australia Eating Disorders Outreach and Consultation Service (WAEDOCS)

Date & Time: Tuesday 26th October 2021 08:00AM – 05:00PM

Location: WAEDOCS, Level 2, D Block, Sir Charles Gairdner Hospital, Nedlands, WA

Cost: Face-to-face \$100.00 + GST (or free to NMHS staff)
Via Telehealth \$50.00 + GST (or free to NMHS staff)

PLEASE NOTE, DUE TO COVID-19, FACE TO FACE WORKSHOPS WILL BE LIMITED TO A MAXIMUM OF 20 PARTICIPANTS

Presenters: Melissa Edwin – Senior Dietitian, APD/AN, WAEDOCS

Kate Fleming – Principle Dietitian, APD/AN, The Swan Centre

Sonya Douglas – Principle Dietitian, APD/AN, Dietwise Nutrition Clinics

Nikki Cummings – Principle Dietitian, PhD, APD/AN, Optimal Intake

Pre-requisite: Attendees must have attended the WAEDOCS Essential for Dietitians Workshop (introduction) as a prior knowledge of understanding eating disorders and dietetic practice is required

This collaborative workshop will include information on:

- Identifying and managing populations at increased risk of developing eating disorders
- Increase the dietitian's working knowledge and skills in delivering evidence based psychological treatments within a dietetic scope of practice for individuals living with an eating disorder (FBT, CBT-E, BED/HAES[®])
- Be able to apply working knowledge into every day dietetic practice

This masterclass is for dietitians across all care settings who would like to build on existing eating disorders knowledge with more advanced practice skills. This masterclass is particularly useful for private practising dietitians to enable them to complete training as part of ANZAED dietetics practice standards. This masterclass includes didactic, interactive and experiential practise opportunities.



This workshop addresses NSQHS Standards 1, 2, 5, 6 and 8

Registrations Close: Tuesday 19th October 2021 at 4pm

Registration forms can be requested at WAEDOCS@health.wa.gov.au and returned to us for processing. Once your completed form has been received we will confirm your place via email. Should you have any enquiries, please contact us on 1300 620 208 or email us at WAEDOCS@health.wa.gov.au

WAEDOCS - Eating Disorders Workshop

Date: Tuesday 26th October 2021 07:45 – 17:00

Facilitators: Melissa Edwin, Sonya Douglas, Kate Fleming, Nikki Cummings

Preliminary Program Outline (subject to change)

Time	Title	Speaker
07:45 – 08:00	Registration and housekeeping	Melissa Edwin
08:00 – 08:15	Aims & objectives of the day and Introductions	Melissa Edwin
08:15 – 09:15	Eating disorder management for special populations	Melissa Edwin
09:15 – 10:15	Eating disorders and paediatric management (<16 years)	Kate Fleming
10:15 – 10:30	Morning Tea	
10:30 – 12:30	Understanding FBT and the role of the dietitian	Kate Fleming
12:00 – 12:30	Lunch	
12:30– 14:30	Understanding CBT-E and the role of the dietitian	Sonya Douglas
14:30 – 15:00	Understanding BED and principles of Health At Every Size (HAES)	Nikki Cummings
15:00 – 15:15	Afternoon Tea	
15:15 – 16:45	Understanding BED and principles of Health At Every Size (HAES) (continued)	Nikki Cummings
16:45 – 17:00	Question time / Evaluation of study day aims & objectives	Team

This workshop meets the National Practice Standards criteria developed by the National Eating Disorders Collaboration (NEDC) and is supported by the Australia and New Zealand Academy for Eating Disorders (ANZAED).



This workshop addresses NSQHS Standards 1, 2, 5, 6

This document can be made available in alternative formats on request for a person with a disability.

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