



Creative
thinkers
made here.

Food Community project

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Acknowledgement of Country

I acknowledge the Traditional Owners of the lands on which we are dialling in from. I am on Whadjuk Boodjar.

I recognise their continuing connection to the land, and the beautiful ocean, and thank them for protecting this Country for thousands of generations.

I respect all Elders past and present, and any First Nations people here today.



Today's presentation

- Food security
- Wicked/complex issues
- Food Community project overview
- Food systems problems and stakeholders
- Food Action Groups
- Connecting with the project
- Questions





Food security defined

“Food security (is) a situation that exists when

AGENCY

ALL PEOPLE,

STABILITY (SHORT TERM)

AT ALL TIMES, *have*

SUSTAINABILITY (LONG TERM)

PHYSICAL, SOCIAL AND ECONOMIC ACCESS *to*

ACCESS

SUFFICIENT,

AVAILABILITY

SAFE AND NUTRITIOUS *food that meets their*

UTILIZATION

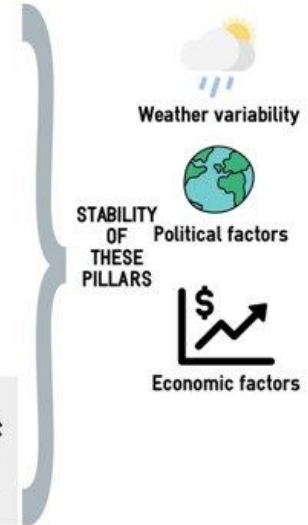
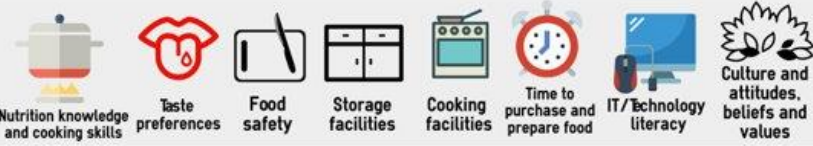
DIETARY NEEDS *and*

FOOD PREFERENCES

for an active and healthy life.”

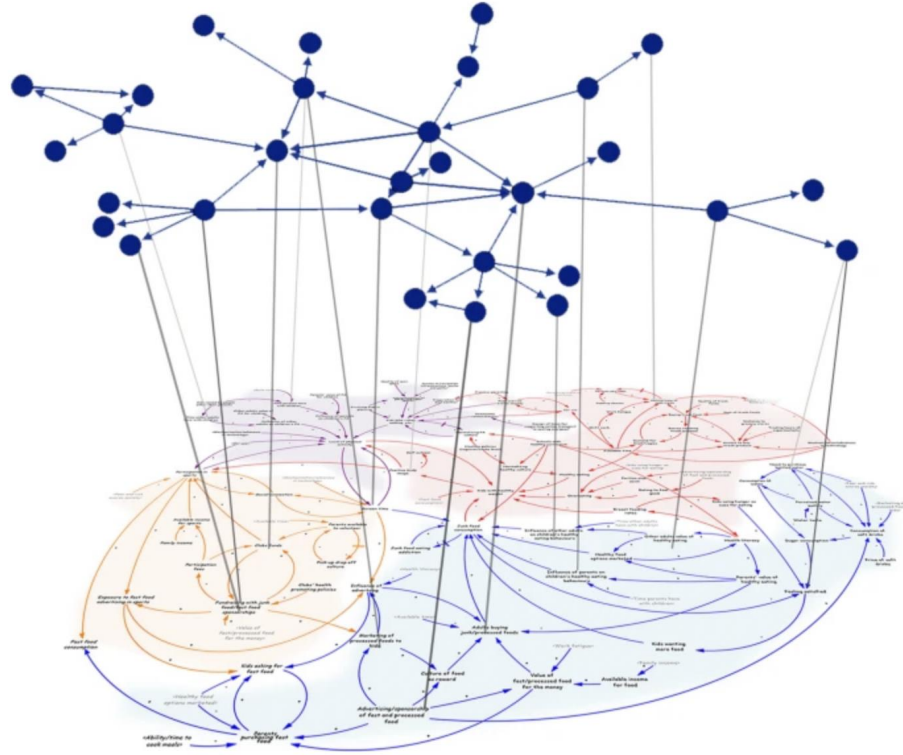


Food security determinants





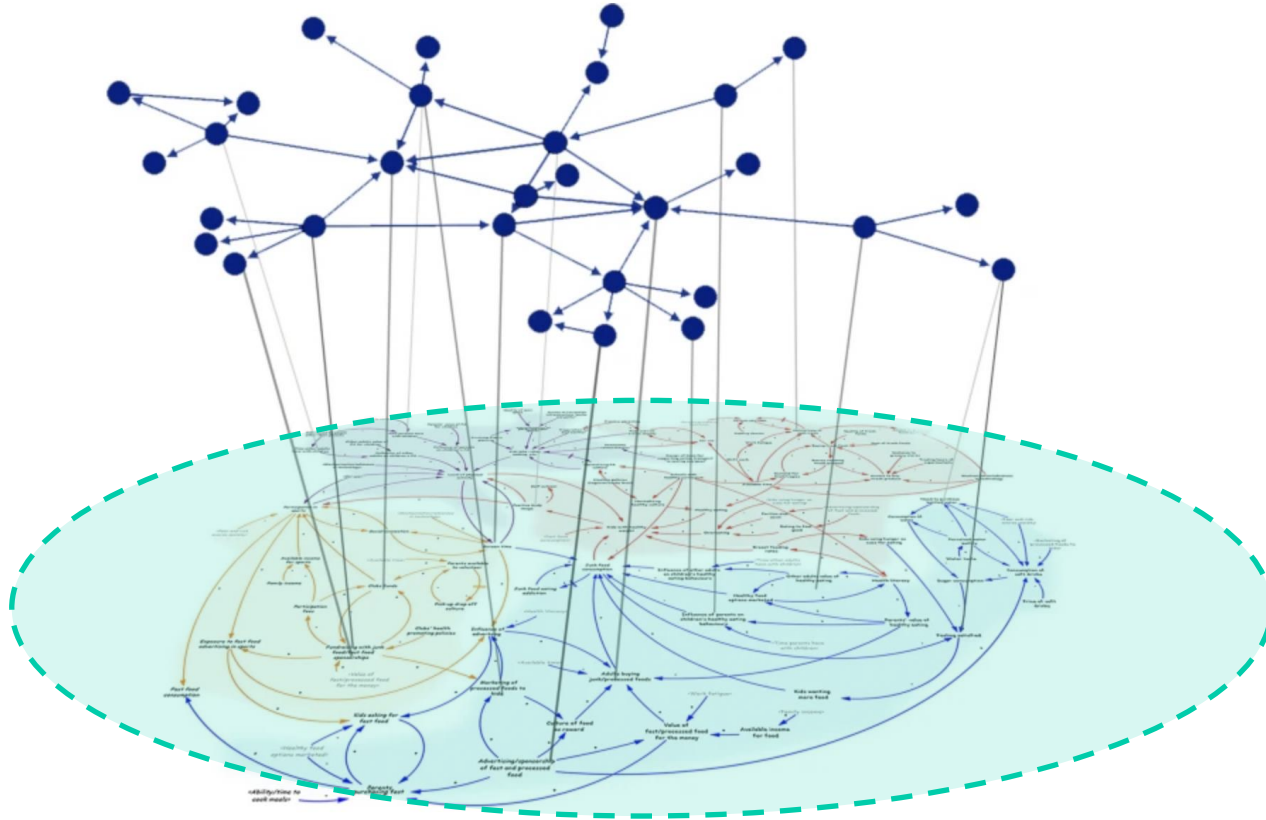
Wicked/complex issues



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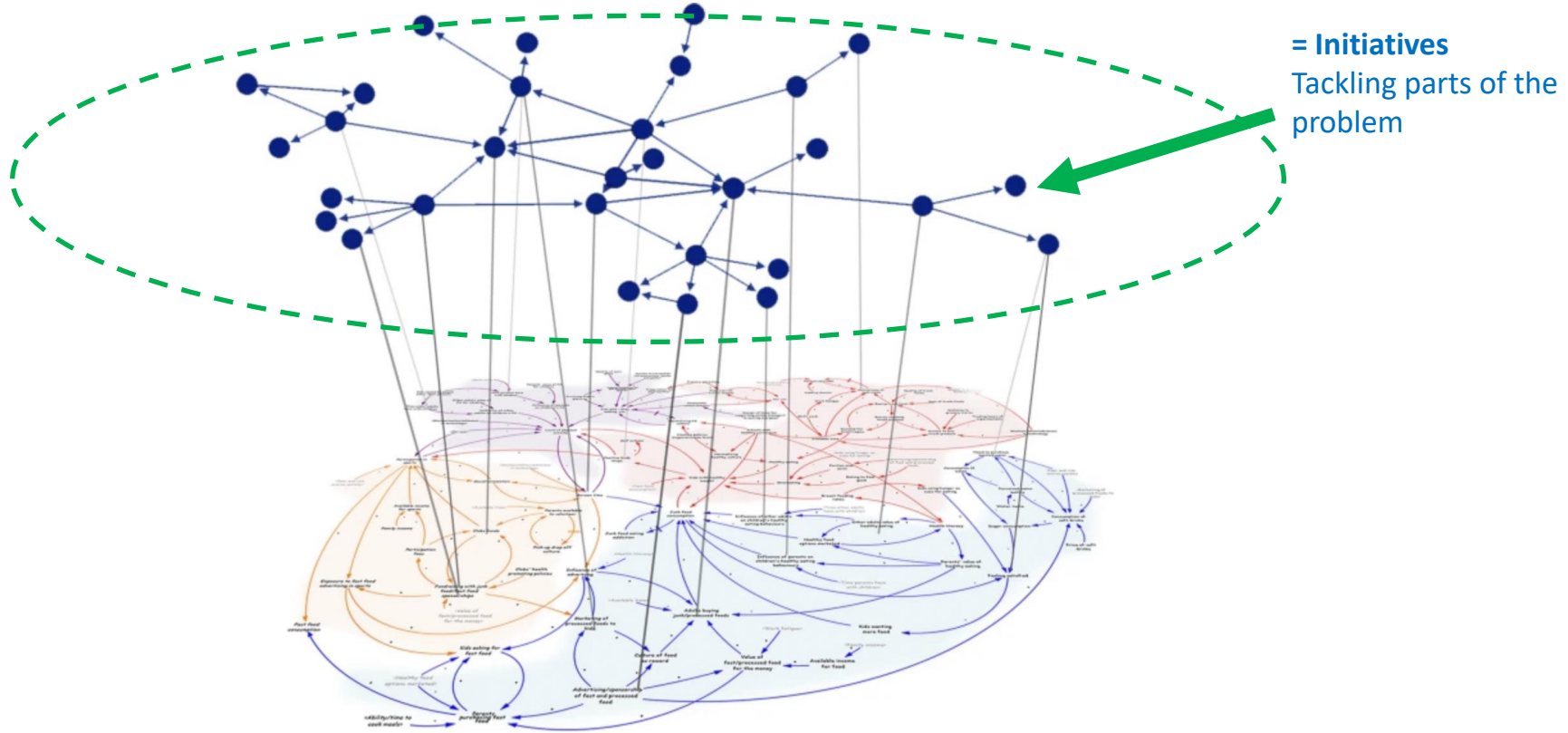
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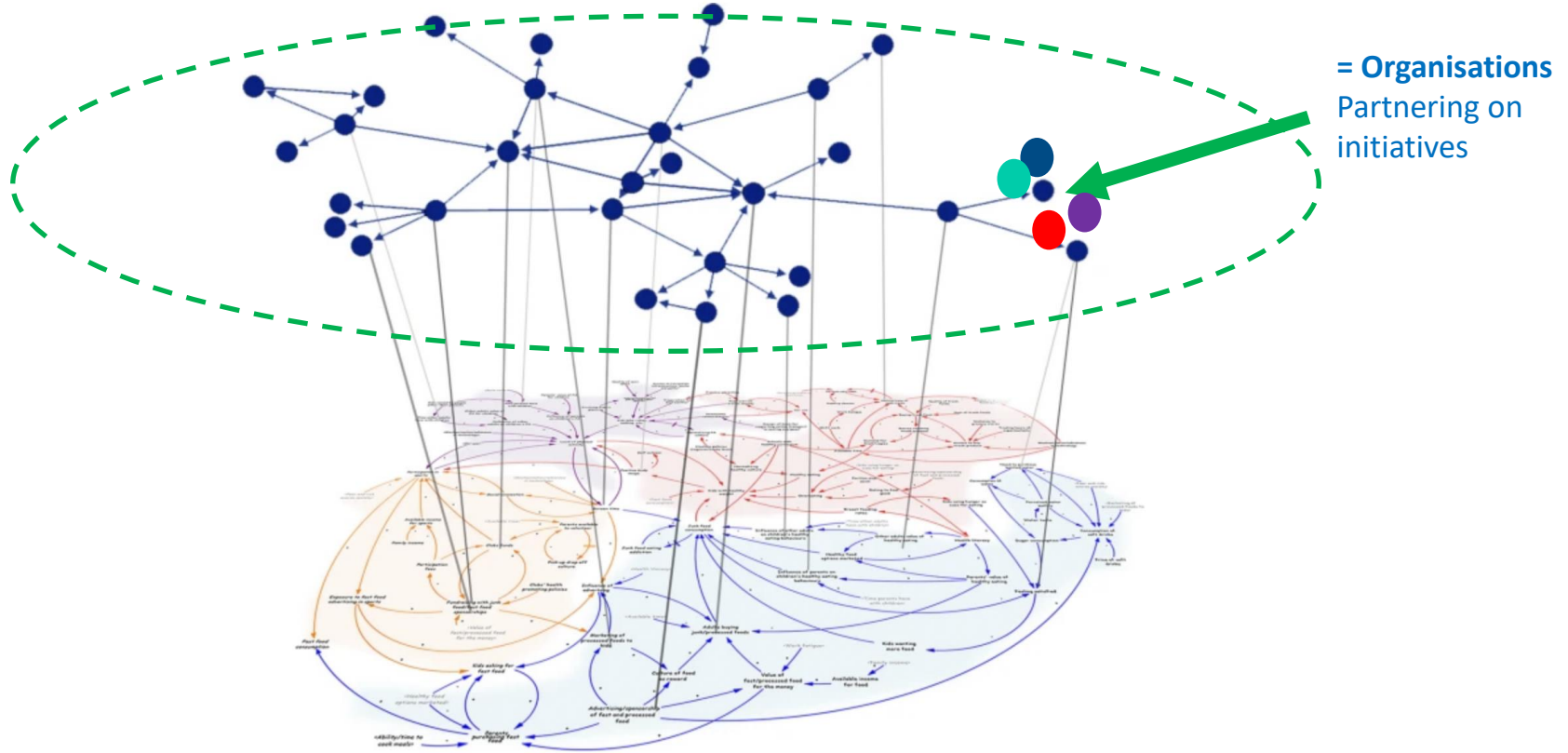
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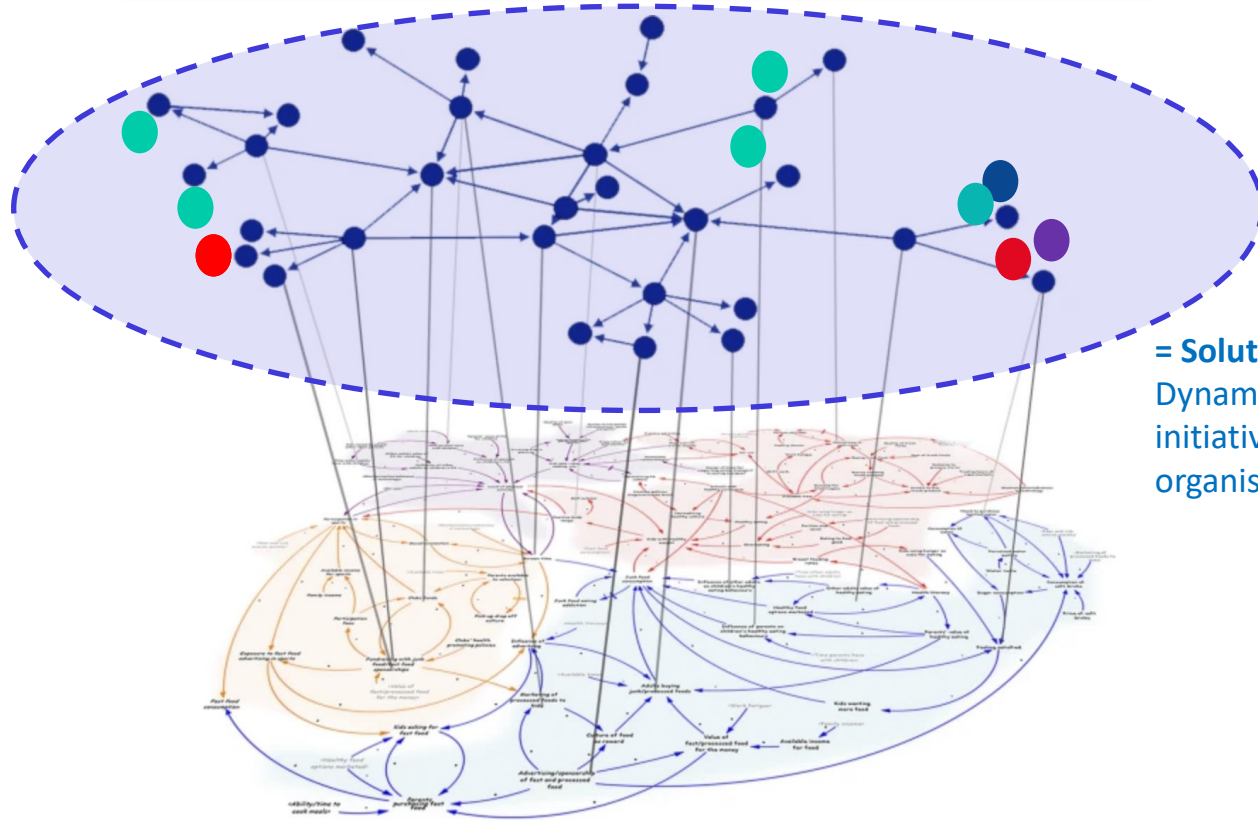
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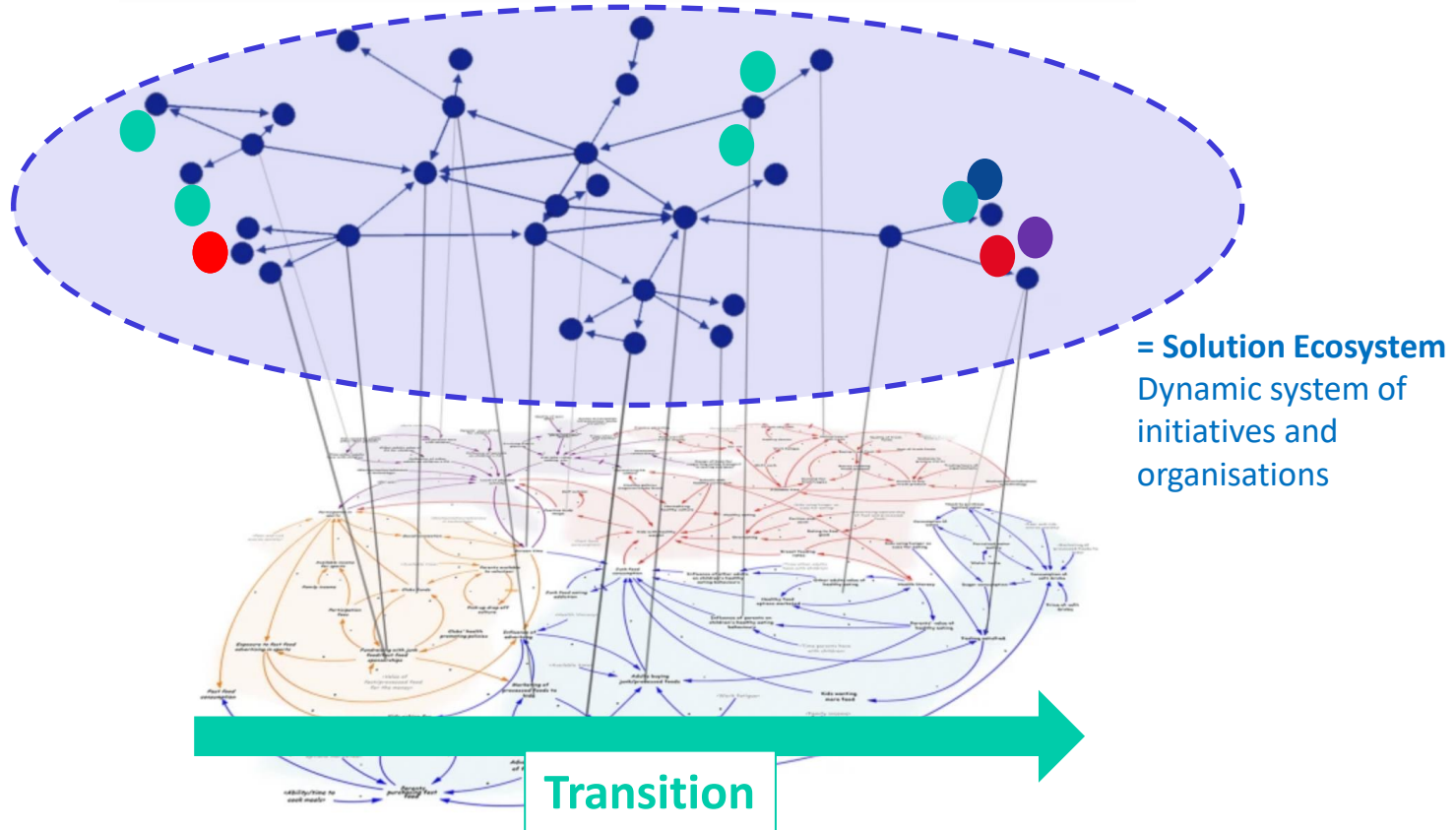
Wicked/complex issues



= **Solution Ecosystem**
Dynamic system of
initiatives and
organisations



Wicked/complex issues



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Food Community Project



Identify



Map

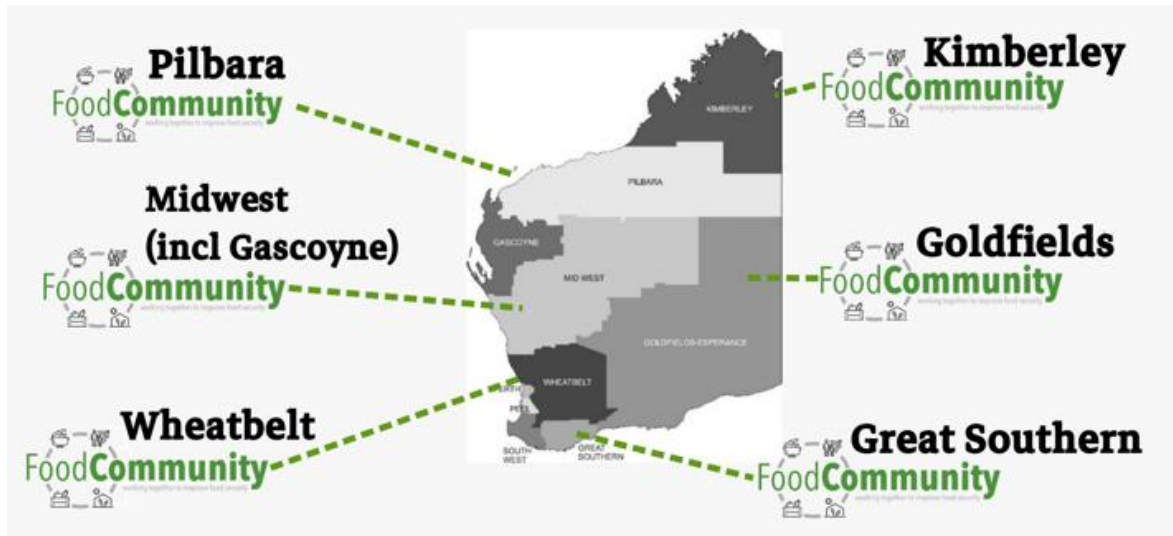


Evaluate



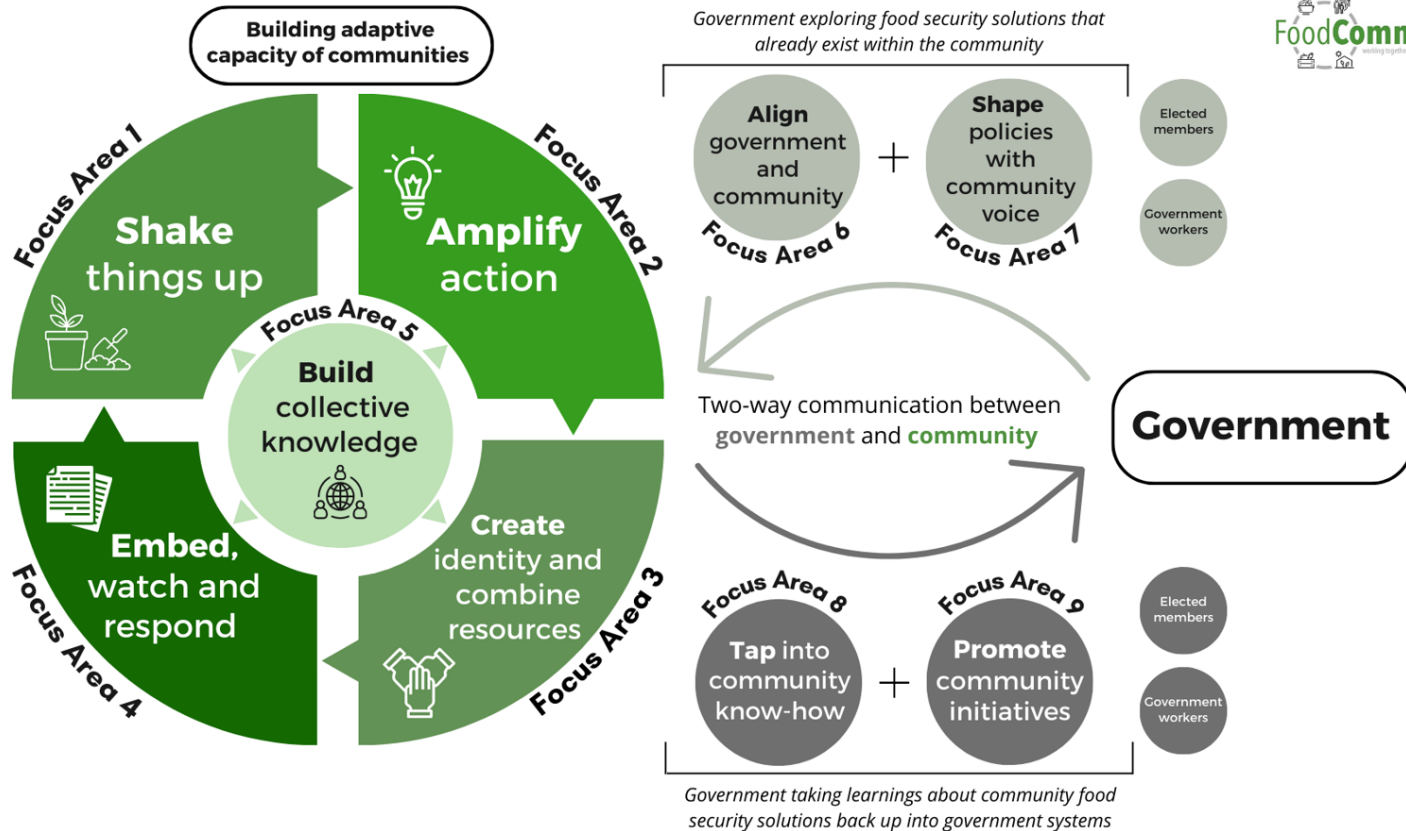
Strengthen

food security initiatives across WA regions, to support food security action.





Food Community framework – underpins interviews

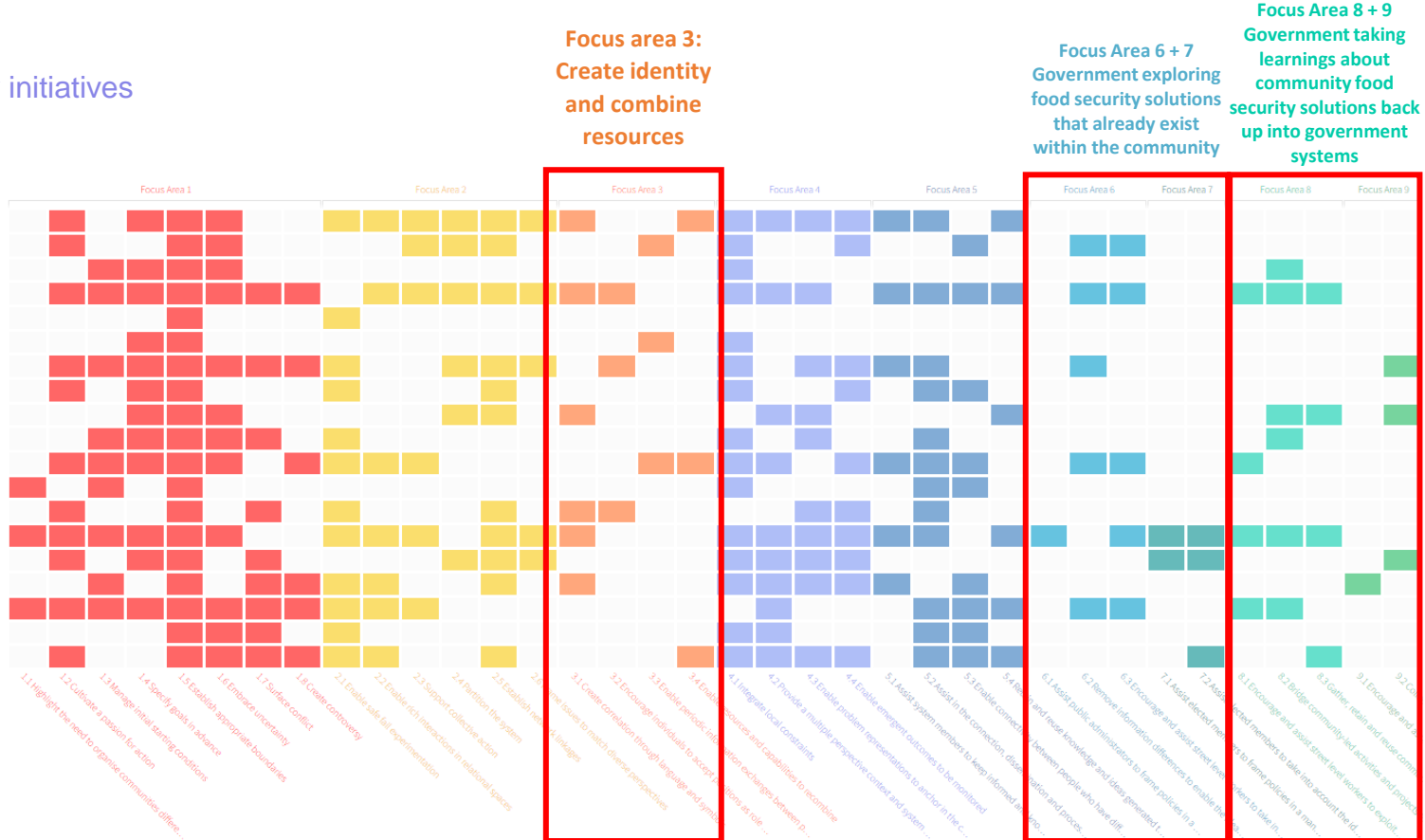




Wheatbelt Food Community Transition Card

Food security initiatives

- Avon Community Services Moora
- Avon Valley Salvation Army
- Chittering Community Courtesy ...
- Crunch&Sip
- Dumbleyung Community Garden
- Food Sensations for Schools
- Foodbank WA Wheatbelt Emerge...
- Gingin Community Garden
- Gnarojin Community Garden
- Goomalling Community Garden
- HEAL Program
- My Healthy Wheatbelt
- School Breakfast Program
- Seeds in Schools Program
- Share and Care Community Servi...
- St Vincent de Paul Society Gooma...
- WACHS Collaborative Series
- Wagin Community Resource Centre
- Wyalkatchem Community Resour...





Initiative examples

Exemplar initiative: Shire of Collie Public Health Plan 2022-2027

Location: South West

Initiative overview:

Listed activities include:

- School breakfast clubs
- Woolworths – free fruit for kids
- Soup kitchens
- PCYC youth food provision programs
- Community garden expansion
- Investigating healthy eating choices at Shire venues

Food security aspects addressed:



FOOD
AVAILABILITY



FOOD ACCESS

Exemplar initiative: Shire of Augusta Margaret River Public Health Plan 2020-2024

Location: South West

Initiative overview:

Listed activities include:

- Review Shire signage policies/agreements to ensure that unhealthy food and drink advertising on Shire operated facilities is restricted
- Support and encourage sporting organisations using Shire facilities to develop and implement healthy food and drink policies
- Partner with stakeholders to explore feasibility of a local food hub

Food security aspects addressed:



FOOD
AVAILABILITY



FOOD ACCESS



Initiative examples

Exemplar initiative: Chittering Community Courtesy Bus

Location: Wheatbelt

Initiative overview:

- Shire runs free, weekly bus services for the Shire of Chittering residents
- Bus route alternates between Joondalup and Midland each week
- Enables the community to access medical appointments and supermarkets that are not available in their regional town

Food security aspects addressed:



FOOD ACCESS

Exemplar initiative: The U-Turn Project – Mullewa Youth Centre Cooking Program

Location: Midwest

Initiative overview:

- Youth initiative which aims to reduce the rate of juvenile crime in the City of Greater Geraldton
- Mullewa Youth Centre runs a drop-in service after school, after hours food provision and structured cooking programs which teach the youth how to cook
- Realised that food provision and food education in that environment improves patterns of behaviour

Food security aspects addressed:



FOOD ACCESS



FOOD UTILISATION



ABOUT US RESOURCES CASE STUDIES TRAINING REGIONAL FOOD COMMUNITIES CONNECT MEMBERS CONTACT



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LOCATIONS [Locations](#) [My Connect-Projects](#) [Post a New Connect Project](#)

Connect-Projects Community Gardens and Food Swapping Groups Farmers' Markets and Food Events Food Literacy and Health Promotion Projects
Emergency Food Relief and Community Programs Policies or Strategic Plans Private or Social Enterprises and Businesses First Nations-led Projects

What Where Within Kilometers
Advanced search
Search

Here you can look at a variety of projects supporting food availability, access and use, and you can also post your own! If you would like to have your initiative, happening anywhere in Western Australia, included on this map [click here](#)

Post a New Connect Project

231 connect found.

Large Map



Child and Parent Centre - Halls Creek
Aug 4 - posted by Food Community Admin. 0 comments, 0 reviews, 4 views, 0 likes
Location: Halls Creek WA, Australia - [Get Directions](#)
The centre helps families' access services in a family-friendly and culturally sensitive way. Community Health run "cook-up" nutrition classes each week for young mums.
Visit their website for more... more



Garnduwa: Kimberley Active Communities Program
Aug 4 - posted by Food Community Admin. 0 comments, 0 reviews, 6 views, 0 likes
Location: Garnduwa, Coghlan Street, Broome WA, Australia - [Get Directions](#)
Central to Garnduwa's work is delivering self sustainable sports and recreation to remote communities across the Kimberley.
The Kimberley Active Communities Program was designed to provide remote



ABOUT US RESOURCES CASE STUDIES TRAINING REGIONAL FOOD COMMUNITIES CONNECT MEMBERS CONTACT

South West Food Community South West Food Security Vision Food Security System South West Case Studies South West Reports Network with others in the South West	Wheatbelt Food Community Wheatbelt Food Security Vision Wheatbelt Reports Network with others in the Wheatbelt	Midwest Food Community Midwest Food Security Vision Midwest Reports Network with others in the Midwest	Great Southern Food Community Great Southern Food Security Vision Great Southern Reports Network with others in the Great Southern
Kimberley Food Community Kimberley Food Security Vision Kimberley Reports Network with others in the Kimberley	Goldfields Food Community Goldfields Food Security Vision Goldfields Reports Network with others in the Goldfields	Pilbara Food Community Pilbara Food Security Vision Pilbara Reports Network with others in the Pilbara	



- View Recent Updates
- Admin
- View My Profile
- Edit My Profile
- Q, Browse Members

313 members
5 friendships
1,095 posts
56 photos
55 documents
5 events
13 groups
231 listings
20 videos

2 Members Online





Food system problems and stakeholders

Lacking structure and opportunity to co-create solutions to local food problems



Many stakeholders have diverse problems, but not coordinating advocacy or practice efforts to generate effective change



Food Action Groups – a potential solution?

- Food policy councils/coalitions/networks (USA, Canada).
- Local food partnerships/boards/steering committees (UK/EU).
- Action areas: e.g. food access, equity, sustainability, resiliency.
- Priority populations.








International Food Action Groups – example activities

Impact domain	Activities
Increased food system equity 	<ul style="list-style-type: none">• ↓ reliance on and ↑ quality of charity food.• Distribution of culturally appropriate food supplies.
Increased knowledge and/or demand for healthy food 	<ul style="list-style-type: none">• Education about food growing and preparation.• Funding to support training.
Increased access to healthy food 	<ul style="list-style-type: none">• Successfully advocating for food objectives in food system plan.• Mayoral support for cross-sectoral strategic food partnership.



International Food Action Groups – example activities

Impact domain	Activities
<p>Support/promote increased environmental sustainability</p> 	<ul style="list-style-type: none">• Surplus food programs.• Food outlets: low waste/zero waste menu items.
<p>Support food system resiliency</p> 	<ul style="list-style-type: none">• Local food procurement practices - ↑ local food sales.• Developed local food strategy/plans.
<p>Support increased economic development</p> 	<ul style="list-style-type: none">• School meal provider framework – smaller suppliers aren't 'outbid' by big producers.• Creation of local food industry jobs.



What we have heard

Activities:

- Local or traditional food availability
- Food growing, preparation and waste education
- Partnerships/collaboration

Stakeholders:

- First Nations Elders
- Producers
- Local government
- Business
- Community organisations
- School staff

Structure:

Community-based formal structure, but links to government.

Perceived barriers:

Funding, burnout, resistance to change, time/motivation.

“Whatever we produce locally, first of all stays here for local people.” (Midwest)



How you can connect with Food Community

- Visit our [Connect](#) website section.
- Check your Public Health Plan or other LG planning documents for references to food.
- View [‘How the Food Community website could be used by Community Resource Centres.’](#)
- View [‘How the Food Community website could be used by Local Governments.’](#)
- Check our [‘useful links’ database](#) for grants leads.
- Email foodcommunity@ecu.edu.au if you are interested in participating in an interview about your work.



Food Community team:

Dr Stephanie Godrich (ECU)

Isabelle Chiera (ECU)

Saranne Herrington (ECU)

Prof Amanda Devine (ECU)

A/Prof Mel Stoneham (Public Health Advocacy Institute)

Statewide Advisory Group

Emily Humphreys (Wicked Lab)

Matt Allen (Wicked Lab)

Dr Sharon Zivkovic (Wicked Lab)

Food Action Group element members:

Jess Doe (ECU)

Sarah Goodwin (ECU)

Dr Laura Alston (Deakin University)

Dr Katherine Kent (University of Western Sydney)

Food Community funder: This work is supported by Healthway.

Food Action Group funder: This work is supported by the Western Australian Future Health Research and Innovation Fund, which is an initiative of the WA State Government.

Sincere thanks to all participants who contributed towards the work discussed today.

Thank you and questions?



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