

# Foodcore™

Nutrition Services

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I respectfully acknowledge the traditional owners of the land on which we work, the Whadjuk people.

We pay our respects to Elders both past, present and emerging and extend our gratitude to all people of the Noongar nation.

It is a privilege to live and work in Noongar country.





Foodcore is a not-for-profit health promotion charity that provides nutrition and food service support.

We offer expertise, advice, education, and training, along with advocacy and leadership. We're dedicated to increasing food literacy and creating sustainable, equitable food environments.

United in goodness, we strive to nourish communities and foster unity through shared, nutritious meals.





# Foodcore<sup>®</sup>

## Nutrition Services

### Vision

**A sustainable equitable  
healthy food environment**

### Settings

**Schools and  
school  
canteens**

**Early  
Childhood  
Education and  
Care**

**Sport and  
Community**

**Out of  
School  
Hours Care**

**Corporate  
and other**

### Flagship programs and services

#### School Canteen Advisory

- Membership services
- Advisory service e.g. best practice business operations, nutrition, food safety, jobs board
- Promoting healthy food environments in schools and a whole school approach to healthy eating
- Grants and awards
- Canteen Consultancy
- Training e.g. CORE Finances training
- PD and networking events
- Advocacy - voice for canteens; Canteen Day
- Communications e.g. website, social media
- Star Choice Registration Program

#### Fuel to Go & Play

- In partnership with Healthway
- Food environment reform in community venues
- Training for canteens and stakeholders
- State Sporting Association & Racing organisations collaboration
- Healthier Vendor Guide
- Nutrition education tools, resources and workshops
- Partnerships: Community Nutrition Network, Health Service Providers

#### Food Safety Advisory

- Food Safety Supervisor training, RTO partner NAQ
- FoodSafe Food Handler online training
- Food safety tools and resources
- Food safety implementation support, including food allergen management support

#### Customised Services

- Consultancy service
- Early Childhood Education and Care
- Small and large group education sessions and workshops e.g. nutrition, catering, food business
- Corporate menu and recipe reviews
- Research and evaluation
- Policy and planning
- Sustainability initiatives

# Food service support

Support with operating healthy, safe and financially viable food services e.g. schools, recreation venues, sporting clubs.

Including:

- Business operations
- Menu planning
- Resources and templates
- Training
  - CORE Finances training – costings, operations, record keeping, expenses
  - Food Safety Supervisor training (RTO partner NAQ)
  - Foodsafe Food Handler online training
  - All about Allergens training
  - School canteen online training (FOCiS)
  - Fuel to Go & Play food service staff training





# Customised services

- Bespoke one-off sessions or a complete series of workshops with a flexible delivery approach for staff or your community e.g. healthy cooking on a budget, food and mood.
- Consultancy service providing support with actioning and implementing Public Health Plan priorities.



[foodcore.org.au](http://foodcore.org.au)



***Supporting community venues with  
creating healthier food environments***







## 1. Canteen

### Reform



## 2. Nutrition

### Education



## 3. Resources &

### Training

## Fuel Up your Menu Toolkit



Your guide to creating a healthy and profitable food service or canteen







# 1. Canteen reform



- Food environments can impact food choices. Most food and drinks offered and promoted at recreation venues and sporting clubs do not support the community's health.
- Local Governments play a role in developing policies and guidelines to ensure that food provision/lease agreements at council owned facilities align with their Public Health plans.



# Support with canteen reform

- Advice and support for venues with creating healthier food and drink environments
- Free resources to download from website
  - healthy food and drink policy templates
  - toolkits
  - policy templates
- Free online training for kiosk operators, staff and key stakeholders



## Healthy Food and Drink Retail Toolkit

Your guide to *marketing* healthy food and drink options!



Foodcore™







# Healthway Healthy Venue grants

- \$5000 per venue + signage
- Community recreation venues



## Healthy Venues Program

For community sport  
and recreation organisations





# Healthway Healthy Sports



No canteen  
\$2000

Canteen  
\$4000





# No Foodservice





# Foodservice







## 2. Fuel Your Body - Nutrition workshops

- Sessions aim to educate active juniors about the importance of fuelling their bodies so they can grow and perform at their best. These high energy sessions include fun and engaging activities.
- 13-minute video format available and 1-minute grabs for stadium / venue screens.







# 3. Resources and training

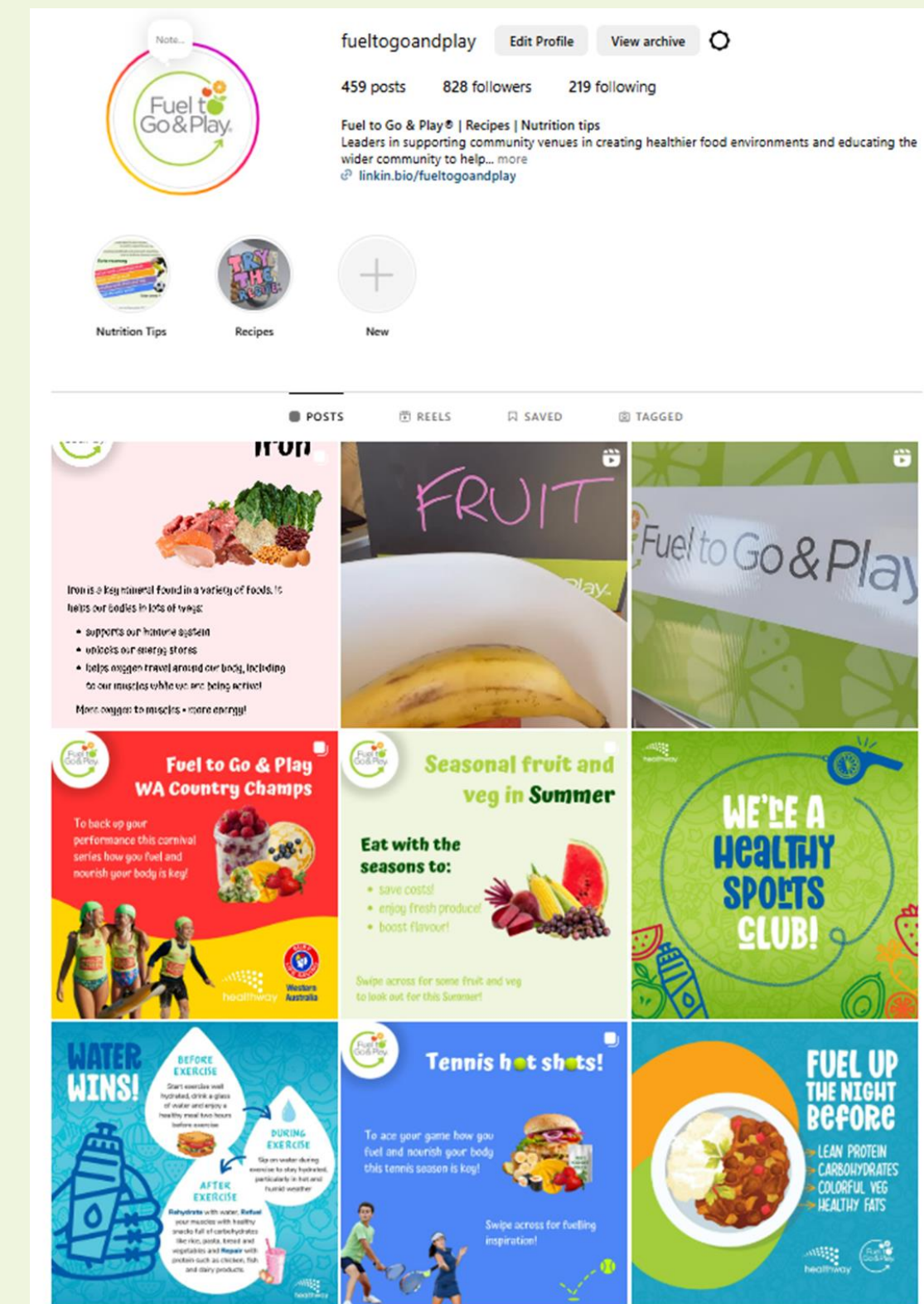
## Website – [fueltogo.com.au](http://fueltogo.com.au)

- Resources, fact sheets, social media toolkits and newsletter content
- Online training (3 types) for:
  - food service staff
  - stakeholders e.g. rec centre managers
  - health professionals
- Recipes, over 100+ recipes
- Community events tab

## Social Media

- Showcasing what others are doing
- Recipes
- Nutrition information

@fueltogoandplay  
Facebook &  
Instagram







***Want to collaborate with  
Fuel to Go & Play?***







# Health professional training

Online training enables you to be familiar with the project and learn how you can support your community with:

- Healthy eating information and resources
- Food service support
- Delivering FTGP nutrition education sessions

Health professionals, such as dietitians, nutritionists, health promotion officers and local government staff play a vital role in supporting community venues and events to create healthier environments.

Extra Time Program

Case studies

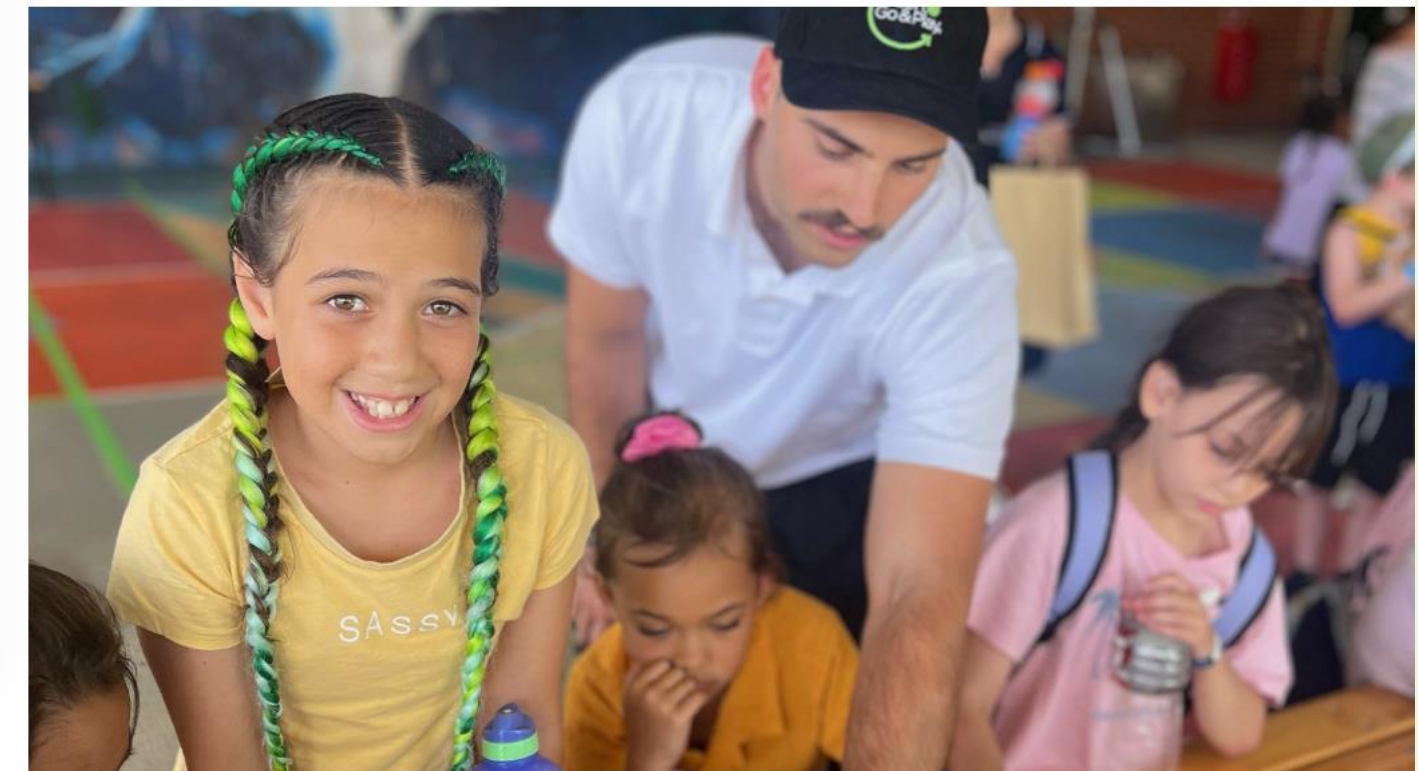
Health professionals  
online training

Grants

Portal

Resources

When working with venues in your area, you can utilise the Fuel to Go & Play® tools and resources along with promoting the Accreditation Program and grants programs available through Healthway.





# Thank you

**[fueltogo.com.au](http://fueltogo.com.au)**

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