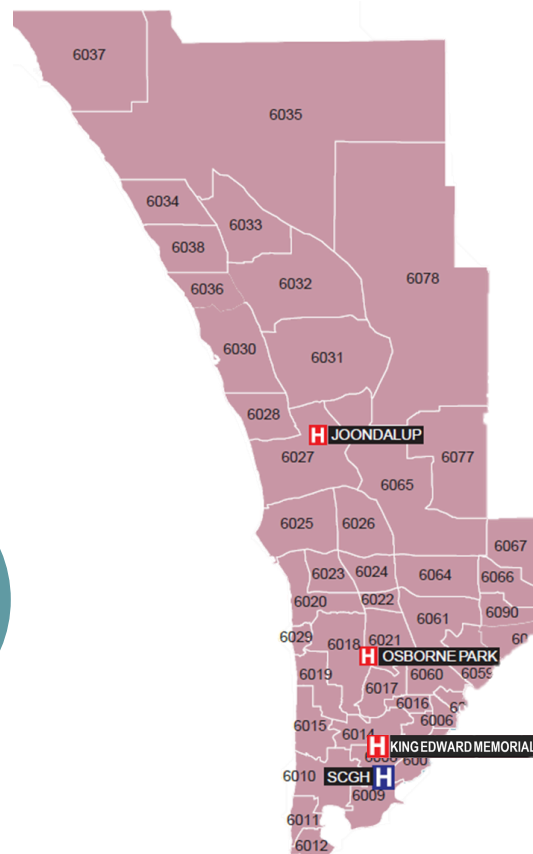




# Health Promotion Service at North Metropolitan Health Service (NMHS)

The Health Promotion Service operates throughout the NMHS catchment area and aims to reduce chronic disease and injury in our population by addressing smoking and vaping, poor diet quality, harmful alcohol use and physical inactivity. Our goal is to increase the adoption of health-promoting policies, programs and practices.

The Service is managed by Krista Coward and staff work in one or more program areas (see overleaf for details):



Staff are also portfolio leads in one or more of the following areas:



Smoking



Nutrition



Alcohol



Physical activity



Injury



Data support



Community  
engagement



Aboriginal &  
Torres Strait Islander  
community



Research &  
evaluation



Culturally &  
Linguistically Diverse  
community



## Healthy Population

This program offers professional advice and guidance to North Metropolitan local governments and other organisations on comprehensive public health initiatives for a healthy population.

Examples of our work:

- Collaborated with the City of Vincent to evaluate their Smoke Free Town Centres Project.
- Supported the City of Nedlands to develop their first Public Health Plan.



**Assunta Di Francesco**

Health Promotion Coordinator



**Michael Clow**

Public Health Nutritionist



**Shani Toki**

Health Promotion Officers



**Lara Sheehan**



## Priority Communities

This program addresses health disparities in two geographical communities in partnership with the community and local service providers.

Locality 1:

- Nollamara, Westminster, Balga, Mirrabooka, Girrawheen, Koondoola, Marangaroo and Alexander Heights.

Locality 2:

- Clarkson, Merriwa, Butler and Ridgewood.



**Julia Owen**

Health Promotion  
Coordinator



**Michelle McIntosh**

Public Health  
Nutritionist



**TBC**

Aboriginal Health  
Promotion Officer



**Kirsty Mullane**

Graduate Health  
Promotion Officer



## Healthy Service

This program leads NMHS action on mandatory system manager policies on smoking and healthy food options.

Examples of our work:

- Created the NMHS Smoke Free Policy and supported Smoke Free Working Groups in developing and implementing site-specific procedures and clinical guidelines.
- Established an annual reporting system to evaluate NMHS compliance with the Healthy Options WA Food and Nutrition Policy.



**Stacey Mansfield**

Senior Health Promotion Officers



**Alycia Simmonds**



**Danielle Eaton**

Health Promotion Officer

